

TO THE BRETHREN.

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REDUCED RATES TO WASHINGTON,
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Grand Encampment of the Knights of Pythias of the World.

The biennial encampment of the Supreme Lodge and grand encampment of the Knights of Pythias of the world will be held at the National Capital August 27th to September 5th.

For this occasion the Baltimore and Ohio Railroad Co. will sell round trip tickets from all points on its lines, August 22nd to 26th inclusive, valid for return trip until September 8th; a further extension of time to September 15th can be secured, provided the ticket is deposited with the joint agent at Washington, D. C., on or before September 6th.

The round trip rate from Chicago will be \$17.50, and correspondingly low rates from other points. Tickets will also be sold at all principal points throughout the west and north west. No matter where you start from, ask for tickets via B. & O.

For information in detail, address L. S. Allen, Ass't Gen'l Pass Agent B. & O. R. R. Grand Central Passenger Depot Chicago, Ills.

The Preacher's Magazine for August is abundant in strong and taking sermonic and homiletic literature. The leading sermon is by Rev. Stopford A. Brook, LL.D., entitled "Modern Pharoahs," will command universal attention. "Moses: His Life and Lessons," by Rev. Mark Guy Pearse, presents with unabated charm, this series of articles. The Rev. G. Palalam Newton's sermon upon "The Well is Deep," is attractive. "Roses: An Outline Address by the Rev. Ralph Williams is prolific in suggestion. One of the best articles, and one which reads like a romance, is by that strong writer, Rev. W. J. Dawson, entitled "The Minister's Study." Every minister in the country ought to read it. The Homiletical Department contains: "Coming to Jesus," by Rev. William Wankinshaw; "The Broken Heart," by R. M. McChesney, D. D.; "Christ the Savior," by Rev. Robert Prewin; "The Blotting-out of Sin," by Rev. J. Vaughan; "Missionary Encouragement," by Rev. Alfred Tucker, and other sketches on Biblical texts. It is a rich Department. The "Children's Sermon." The "Short Sermon for Busy Men," by Joseph Baker, D. D., are refreshing and apt. The Outline Addresses on the Golden Texts, meet with favor and are of usual worth. "The Soul-Winner," by Rev. John R. Bruse, and "The Pulpit," by Dr. Guthrie are also found with other matter, in this wide-awake and strong preacher's help. It grows in popular favor. Published monthly, at 15 cents a copy, or \$1.50 a year. Wilbur B. Ketcham, Publisher, 2 Cooper Union, N. Y.

Rules For Good Health.

Be regular in your habits.
If possible go to bed at the same hour every night.

Rise in the morning soon after you are awake.

A sponge bath of cold or tepid water should be followed by friction with towel or hand.

Eat plain food.

Begin your morning meal with fruit.

Don't go to work immediately after eating.

Be moderate in the use of liquids at all seasons.

It is safer to filter and boil drinking water.

Exercise in the open air whenever the weather permits.

In malarious districts do your walking in the middle of the day.

Keep the feet comfortable and well protected.

Wear woolen clothing the year round.

See that your sleeping rooms and living rooms are well ventilated, and that sewer gas does not enter them.

Brush your teeth at least twice a day, night and morning.

Don't worry, it interferes with

the healthful action of the stomach.

You must have interesting occupation in vigorous old age. Continue to keep the brain active. Rest means rust. —Herald of Health.

Bread Destroying Establishments.

There are in the entire world 51,000 breweries. Germany easily heads the list with 26,240, which produce every year 4,750 million liters of beer, the liter being equal to about 1½ pints English measure. Next comes England with 12,874 breweries, and an output of 2,600 million liters; then the United States with 2,300 breweries and 3,500 million liters; Austria with 1,942 breweries and 1,300 million liters; Belgium with 1,270 breweries, 1,000 million liters; and France with 1,044 breweries and 800 million liters. In Bavaria, the annual allowance of beer per head of the population is 221 liters; in Berlin 191; in Belgium 169; in England 143; in Switzerland 131; in Denmark 133; in the United States 31; in Sweden 11; in Russia 5.

Alliance News.

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Taking Effect June 17th, 1894.

Trains will leave Ashland, O., as follows:

EASTWARD.

Train 8 N. Y. Limited, daily	12 32 a m
Train 12 Atlantic Express daily	6 23 a m
Tr in 10 New York Special	10 40 a m
Train 38 Local Fr't except Sunday	10 05 a m

WESTWARD.

Train 5 C'go. & Cin. Lin., daily	10 05 a m
Train 11 Galton Accom., daily	6 03 p m
Train 3 Pacific Express, daily	7 52 p m
Train 37 Accom. Fr't except Sunday	12 50 p m

M. L. FOUTS, General Agent, Passenger department, Cleveland, O.

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Ashland University.

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Will Open Sept. 3rd, 1894.

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Tuition, covering all departments except the Musical and the Theological, \$30 per year. Music, 50 cents per lesson. Boarding at the Dining Hall, \$2.00 per week. Furnished Rooms, 50 cents per week. Fuel, light and washing additional.

For further particulars, address,

Dr. S. S. Carst, Ashland, O.